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சுவசிரிபாய
SUWASIRIPAYA

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22 September 2011

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சுகாதார அமைச்சு
Ministry of Health

Provincial Directors of Health Services
Regional Directors of Health Services
Directors of Teaching Hospitals
Directors of Provincial Hospitals
Medical Superintendents of Base Hospitals
Heads of Specialized Campaigns
All Heads of Institutions concerned

Re: Health week - 2011

The 1st week of October commencing from 3rd October 2011 to 9th October 2011 has been declared as the National Health Week by Honourable Maithripala Sirisena, the Honourable Minister of Health.

Non communicable diseases contribute to a major proportion of hospital deaths in Sri Lanka. A national effort is required to curb the rapidly rising burden of Non Communicable diseases. Premature deaths and disabilities from Non Communicable Diseases could be avoided if the main risk factors, obesity, tobacco, alcohol, unhealthy diet and physical inactivity, are controlled.

The Non Communicable Diseases Unit of the Ministry of Health has planned several programmes at central and district levels with a view to commemorate National Health Week week. You are hereby kindly requested to conduct screening and health promotion programmes for all staff members in your institution who are above 35 years, with a view to screen them for major Non Communicable Diseases. Please be good enough to liaise with the consultants in your institution to carry out this programme successfully.

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Dr.U.A.Mendis

Director General of Health Services